

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of: HOWARD WEINER

Serial No.: 07/460,852

Group Art Unit: 1815

Filed : February 21, 1990

Examiner: A. Mohamed

For : TREATMENT OF AUTOIMMUNE DISEASES BY ORAL ADMINIS-  
TRATION OF AUTOANTIGENS

May 18, 1993

Honorable Commissioner of  
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Washington, D.C. 20231

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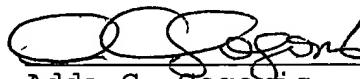
ON MAY 18, 1993 (DATE OF DEPOSIT)

Sir:

5-18-93 Henrietta Mann  
DATE NAME

Enclosed is the executed Declaration of Howard L. Weiner  
and its respective exhibits. Attached Exhibit A is an updated  
version of Dr. Weiner's Curriculum Vitae so it is slightly  
different than the one submitted with the unsigned declaration on  
5/10/93. In addition, attached Exhibit B is the final version of  
the same article that accompanied the unsigned declaration.

Respectfully submitted,

  
Adda C. Gogoris  
Reg. No. 29,714  
Attorney for Applicant(s)

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Encls.: Declaration of Dr. Weiner and respective Exhibits

#02  
6/10/93  
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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

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ON May 10, 1993 (DATE OF DEPOSIT)  
5/10/93 gkanzi  
DATE NAME

DECLARATION OF HOWARD L. WEINER

I, HOWARD L. WEINER, do hereby declare and state as  
follows:

**A. Introduction**

1. I hold a M.D. degree, conferred by the University of  
Colorado in 1969.

2. I am employed as the Robert L. Kroc Associate  
Professor of Neurologic Diseases, Harvard Medical School, and I  
have held this position since 1985. I am also appointed as  
Physician, Medicine (Neurology), Brigham & Women's Hospital,  
Boston, MA, and I have had this appointment since 1987. Since  
1985, I have been Co-Director of the Center for Neurologic Diseases  
at the same hospital.

3. I have extensive experience in the immunology of  
autoimmune diseases including in particular the oral enteral or by-  
inhalation use of antigens in the treatment of such diseases. A  
copy of my Curriculum Vitae is attached as Exhibit A.

4. I am a co-inventor of the subject matter described and claimed in this application, and I have reviewed the application, the Office Actions issued thereon, and the references cited in these Actions. I submit this declaration in rebuttal of the rejection of the application under 35 U.S.C. §§ 101, 112 and 103.

5. I am also a co-author of the a research article, to be published shortly in *Science*: Weiner et al., Double-Blind Pilot Trial of Oral Tolerization with Myelin Antigens in Multiple Sclerosis, *Science*, in press. A true copy of the preprint of this article accepted by *Science* is attached as Exhibit B.

**B. Treatment of Multiple Sclerosis  
and Human Trial Results**

6. The article reports the results of a double-blind study where bovine MBP is administered orally to human patients suffering from multiple sclerosis. As stated on page 3 of the preprint, footnote 15, a test group of patients were given a once daily oral dose of 300 mg of purified bovine MBP, while the control group received a placebo. Both groups were randomized for age, disease duration, extended disability status scale (EDSS), and number of exacerbations in the last two years.

7. The results of this trial show that the oral tolerization treatment had a positive effect on the test group. The number of myelin treated patients who had no major attacks during treatment was statistically significant, when compared to the placebo group. A subset of the test group, namely the males, had no major attacks during treatment, and had improved EDSS

scores, as well as improved physician impression and a reduced reliance on treatment with steroids. A second subset of the test group, those not expressing the HLA-DR2 phenotype (HLA-DR2<sup>-</sup>), also showed significant improvement. None of the HLA-DR2<sup>-</sup> myelin treated patients had a major attack. This group also showed improved EDSS scores and improved physician impression. See, Exhibit B, page 1, col. 2-3, and page 2, tables 2 and 3.

**C. Human Trials with Rheumatoid Arthritis  
Other Autoimmune Diseases**

8. Moreover, a study supervised and controlled by one of my close collaborators, Dr. David Trentham, at the Beth Israel Hospital, involved the oral administration of collagen to 10 rheumatoid arthritis patients as detailed in Tables 1-10 of our co-pending patent application, Serial No. 07/951,565 (attached in Exhibit C, which is, in fact, an excerpt of this co-pending application (pp. 17-32)). In this open-dosing study, 6 out of 10 patients received considerable benefit from oral collagen therapy as measured by reduction or elimination of most clinical symptoms and discontinuation or decrease of other drugs for several months post-treatment. Three of the 10 patients continue to function at the improved condition without further treatment. Two other patients experienced a relapse but after a single-month resumption of collagen therapy they resumed the improved state. A sixth patient seemed to be improving as well as the first three but follow-up was lost. A seventh patient experienced only a mild improvement and two other patients experienced no improvement but

were still able to discontinue cytotoxic drugs. The tenth patient withdrew from the study because of her poor initial condition, absence of improvement and remote location from the study center. Based on these positive results, a double-blind study has been undertaken.

9. Preliminary human clinical evidence was obtained, on information and belief, by another of my close collaborators, Dr. Nussenblatt of the National Eye Institute, Bethesda, MD. Dr. Nussenblatt administered S-antigen orally to two uveoretinitis patients and observed in one case considerable improvement in visual acuity. In this patient, steroids were discontinued after S-antigen therapy and has not resumed in several months. All previous attempts to discontinue steroids in this patient had been unsuccessful. In the other patient, Dr. Nussenblatt was also able to decrease steroids and other immunosuppressive medication after treatment with oral S-antigen.

**D. Diabetes**

10. In addition, a large clinical study involving the oral administration of insulin as an oral tolerizer to children at risk for Type 1 diabetes is being planned by Drs. George Eisenbarth and Richard Jackson, two of my close collaborators, at the Barbara Davis Diabetes Center in Denver, Colorado, and the Joslin Diabetes Center in Boston, respectively. Institutional Review Board approval has been received for this study which was designed and proposed based solely on rodent data (the NOD model for Type 1 diabetes). The sole reason this study has not already commenced is

that the U.S. Food and Drug Administration has not yet designated an approved supplier for the insulin to be used in this study.

11. Additional investigators also are interested in conducting similar studies. Dr. Noel Maclaren from Gainesville, Florida requested our collaboration: Dr. Maclaren is planning a large multi-center clinical trial for the prevention of insulin-dependent diabetes by oral administration of insulin. I submit that, on information and belief, neither my collaborators in diabetes as physicians and scientists nor the Review Boards of the institutions involved would undertake or sponsor such studies unless they believed they would be successful in humans.

12. In my opinion, these facts and data constitute adequate evidence to establish a utility of oral tolerization in the treatment of autoimmune disease in general, and, as evidenced by points 6-8, *supra*, specifically in multiple sclerosis and rheumatoid arthritis.

E. The Prior Art Applied Against the Claims

13. The prior art applied by the Examiner against the claims suffers from deficiencies such as the following:

Campbell is limited to intravenous administration of MBP and does not show a substantial benefit in humans. Campbell was published in 1973, yet no follow up of his work appeared in print as far as I am aware. Campbell proposed no mechanism for the treatment.

Whitacre (and her subsequent publications cited in the accompanying amendment) administered TSI, an anti-trypsin agent

to protect MBP from degradation. As a result, Whitacre did not induce tolerance through active suppression but appeared to be inducing tolerance through anergy ("antigen-specific unresponsiveness"). Because of this, a person of ordinary skill in the art could not extrapolate effectiveness of her results to humans. By contrast, my co-inventors and I were able to extrapolate our results to humans because we showed that we induced active suppression (by allowing our MBP to be degraded in the gut). As a result, we were able to see that events common to the human and rodent systems were in operation during the treatment we proposed, in that the method we invented would work in the same way as the development of tolerance to food antigens through food intake. Anergy on the other hand is a mechanism of immune suppression that has only begun to be elucidated now.

In addition to not postulating a mechanism that would enable her (and persons of ordinary skill) to extrapolate to humans, Whitacre worked only with an induced condition (EAE) induced by the same antigen as that employed to prevent it and did not show that her regime would have a benefit after disease induction.

The same deficiencies and limitations apply to Nagler-Anderson.

12. I further declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements and the like so made are punishable by fine or imprison-

ment, or both, under Section 1001 of Title 18 of the United States Code and that such wilful false statements may jeopardize the validity of the present application or any patent issuing thereon.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Howard L. Weiner



## CURRICULUM VITAE

Name: Howard L. Weiner, M.D.

Address: 114 Somerset Road, Brookline, MA 02146

Date of Birth: December 25, 1944

Place of Birth: Denver, Colorado

### Education:

1965	Dartmouth College, Hanover, New Hampshire
1969	University of Colorado School of Medicine

### Postdoctoral Training:

1969-1970	Rotating Intern, Tel Hashomer Hospital, Israel
1970-1971	Medical Resident, Beth Israel Hospital, Boston
1970-1971	Clinical Fellow, Harvard Medical School
1971-1974	Resident in Neurology, Longwood Area Neurology Program
1971-1974	Clinical Fellow in Neurology, Harvard Medical School

### Research Fellowships:

1972-1974	Research Fellow, Massachusetts General Hospital (Dr. Barry Arnason's laboratory)
1974-1976	Research Fellow, Immunology, University of Colorado Medical Center, Denver, Colorado (Dr. Henry Claman's laboratory)
1974-1976	Special Research Fellow of Colorado Multiple Sclerosis Society

### Licensure and Board Certification:

1970	Massachusetts
1974	Colorado
1978	American Board of Psychiatry and Neurology

### Academic Appointments:

1976-1977	Instructor in Neurology, Harvard Medical School
1977-1980	Assistant Professor of Neurology, Harvard Medical School
1980-1985	Associate Professor of Neurology, Harvard Medical School
1985-	Robert L. Kroc Associate Professor of Neurologic Diseases, Harvard Medical School

### Academic Affiliations:

1984-	Affiliate Member of the Program in Neuroscience, Harvard Medical School
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#### Hospital Appointments:

1977-1987	Associate in Medicine (Neurology), Brigham and Women's Hospital
1977-1985	Research Associate in Neuroscience, The Children's Hospital
1987-1991	Physician, Medicine (Neurology), Brigham and Women's Hospital
1992-	Senior Physician, Medicine (Neurology), Brigham and Women's Hospital

#### Awards and Honors:

1969	University of Colorado School of Medicine Phi Delta Epsilon Award for Academic Excellence and Merck Award in Medicine
1974-1976	Research Fellowship, Colorado Multiple Sclerosis Society
1976-1977	NIH Special Research Fellowship
1977-1982	NIH Teacher Investigator Award, National Institute of Neurological and Communicative Disorders and Stroke (NINCDS)
1985	Recipient of Robert L. Kroc Chair in Neurology for Multiple Sclerosis Research, Awarded by Kroc Foundation, Santa Inez, California.
1988-1995	NIH Jacob Javits Neuroscience Investigator Award (Seven year Merit Award, NINCDS)

#### Major Committee Assignments:

1976-	Scientific Advisory Board, Massachusetts Multiple Sclerosis Society
1980-1983	Ad Hoc Member, Clinical Research Center Review Study Section, NIH
1982-1987	National Multiple Sclerosis Society Scientific Advisory Board, Committee on Research on the Etiology, Diagnosis, Natural History, Prevention and Therapy of Multiple Sclerosis
1982-1989	National Multiple Sclerosis Society Committee on Working Trials of New Drugs in MS
1983-1985	New Pathways Project, Harvard Medical School, Resource Representative for the Department of Neurology
1984	Ad Hoc Member, Virology Study Section, NIH

#### Editorial Boards:

1984-	Editorial Board, Journal of Neuroimmunology
1984-1988	Editorial Board, Journal of Molecular and Cellular Immunology
1989-	Editorial Board, Journal of Autoimmunity

#### Professional Societies:

1976	American Academy of Neurology
1976	American Society for Microbiology
1976	American Association for the Advancement of Science
1977	American Association of Immunologists
1981	American Neurologic Association

#### Major Research Interests:

1. Immunology and immunotherapy of multiple sclerosis

2. Mechanisms of autoimmunity
3. Neuroimmunology
4. Oral tolerance

#### Teaching Experience:

1977-1989	Annual Intensive Clinical Neurology Course, New York City
1977-1987	Neuropathology 711, Department of Neuroscience, Harvard Medical School
1977-	Introduction to Clinical Medicine, Brigham and Women's Hospital
1977-	Harvard Continuing Education Courses: Neurology, Immunology, Pediatric Neurology, Scientific Foundations of Internal Medicine
1978-1987	Pathophysiology of the Nervous System - HST 131J
1981-1983	Lecturer, Neuroimmunology Course, Annual Meeting of the American Academy of Neurology
1984-1987	Chairman, Neuroimmunology Course, Annual Meeting of the American Academy of Neurology
1984-	Neurobiology of Disease, Department of Neurobiology, Harvard Medical School
1988	Chairman, FASEB Autoimmunity Conference, Saxton's River, VT
1989	Co-Chairman, International Conference on Therapy and Diagnosis of Multiple Sclerosis (National MS Society, Jekyll Island)

#### Principle Clinical and Hospital Service Responsibilities:

1976-	Attending physician, Brigham and Women's Hospital Neurology Service
1976-	Consulting physician, Beth Israel Hospital and Children's Hospital Neurology Services
1980-	Director, Multiple Sclerosis inpatient and outpatient clinical services, Brigham and Women's Hospital
1985-	Co-Director, Center for Neurologic Diseases, Brigham and Women's Hospital

#### A. Original Communications

1. Weiner, H.L. and Robinson, W.A.: Leukopoietic activity in human urine following operative procedures. *Proc. Soc. Exp. Biol. Med.* 136: 29- 33, 1971.
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10. Weiner, H.L., Schocket, A.L. and Lehrich, J.R.: Lymphocytotoxic antibodies in subacute sclerosing panencephalitis and amyotrophic lateral sclerosis. *Lancet* 1: 1013-1014, 1977.
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12. Weiner, H.L., Scribner, D.J. and Moorhead, J.W.: Anti-immunoglobulin stimulation of murine lymphocytes. IV. Re-expression and fate of cell surface receptors during stimulation. *J. Immunol.* 120: 1907-1912, 1978.
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59. Hafler, D.A., Fox, D., Manning, M.E., Schlossman, S.F., Reinherz, E.L., and Weiner, H.L.: In vivo activated T-lymphocytes in the peripheral blood and cerebrospinal fluid of patients with multiple sclerosis. *N. Engl. J. Med.* 312: 1405-1411, 1985.
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### EXAMPLES

For the purposes of the two studies conducted and described below, the patient's arthritic state was measured utilizing several different criteria such as subjective pain, gross anatomical observations, timing of physical acts and subjective well-being as described by the patient. Gross anatomical observations included AM stiffness, grip strength and number of swollen joints and were made during monthly examinations by a physician of the arthritic joints before and during type I collagen treatment as compared with the same joints prior to treatment.

Monthly data measuring subjective pain involved applying gently pressure to each arthritic joint in turn by a physician and being told by the patient whether pain was experienced.

Morning stiffness data were based on the patient's experience and reports on how long it took for their arthritic joints to become physically limber. Additionally, grip strength for each hand was measured each month with a standard mercury sphygmomanometer with the cuff inflated to 20 mm Hg. Finally, the patients were timed to measure how many seconds were needed to complete a 50 foot walk.

Global assessment (P = poor; F = fair; G = good; VG = very good; and VP = very poor) was subjectively made by the attending physician. Progress was similarly subjectively assessed (B = better; W = worse; MB = medium better; MW = medium worse, S = same).

NSAID stands for "nonsteroidal antiinflammatory drugs"; RF stands for "rheumatoid factor"; ESR stands for "erythrocyte sedimentation rate"; HCT stands for "hematocrit"; bid stands for "twice a day"; qid and qd stand for "per day"; IA stands for "intra-joint".

Daily dosage of whole type II chick collagen protein consumed was 0.1 milligrams for the first month and 0.5 milligrams for each subsequent month of treatment.

EXAMPLE 1:

Water-soluble purified whole chick Type II collagen protein was obtained from commercial sources; (Genzyme, Boston, MA) or was purified according to the procedure of Trentham, D. et al., J. Exp. Med. 146:857, 1977. Patients, LS, MF, NS and CO, suffering from arthritis were given a solution of whole type II collagen protein in 0.01M acetic acid 0.1 or 0.5 mg/ml collagen. The patients were instructed to consume daily on an empty stomach a predetermined volume corresponding to 0.1 milligrams for the first month of treatment and 0.5 mg to all subsequent months of treatment. Most of the patients added the predetermined amount of type II collagen protein to orange juice to maintain solubility and shortly consumed the mixture.

Collagen treatment was discontinued after three months if the patient reported (and if the physician agreed) a substantial improvement. However, type II collagen treatment was subsequently resumed when a patient reported a relapse into the arthritic state. Monthly data gathered for each of the above

patients are summarized in Tables 1 - 4.

Table 1 is a summary of data gathered measuring the arthritic disease state of patient 1, LS a 30-year old female. Prior drug treatment of auranofin was discontinued during the present study. Surprising recovery from arthritis during the second month of collagen treatment prompted discontinuation of further therapy. Feldene (piroxicam) was administered during months 8 and 9 after collagen therapy initiation.

Substantial improvement was observed after the first month of treatment with whole type II collagen protein. Complete recovery was observed on the second month of treatment, but some weakness was still observed in the grip strength test. This muscular weakness may have been caused by the prolonged disuse and atrophy of the muscles from the arthritic pain of the joints. On the third month of treatment, there was residual arthritis observed in one joint of the right hand which remained swollen, tender to slight pressure, the source of morning stiffness, and the reason for a weakened right hand grip. However, the joints in the left hand remain free of arthritis and the 50 foot walk was normal.

Treatment was discontinued for three and a half months, but reinstated on the seventh month when the patient LS experienced a mild arthritic relapse involving six joints in both hands. Ambulatory motion was not affected by this relapse. The patient was able to complete the 50 foot walk in normal time.

Treatment was reinstated at the normal daily dose of

0.5 milligrams. Again, remarkable recovery from the arthritic disease state was observed within a month with only residual arthritis present in one right hand joint. Grip strength doubled from that observed during the relapse.

Treatment was continued for one more month where patient LS exhibited the highest grip strength for both hands observed during the study, in spite of the remaining one arthritic joint in the left hand. After three month of collagen treatment to address the relapse, further treatment was again discontinued. To date, four months have passed without patient LS succumbing to or manifesting any clinical evidence of arthritis, other than the limited manifestation on a single right hand joint. Grip strength for both hands has decreased slightly.

Table 2 is a summary of the progress of a female patient, MF (23) participating in the same study as patient LS. Prior drug treatment with methotrexate was discontinued. Patient MF was observed to experience a surprising freedom from symptoms after the first month of treatment with a daily dosage of 0.1 milligrams of whole type II collagen protein for one month followed by 0.5 mg for two months. Complete recovery was observed after the second month of treatment. No recurrence of arthritis was observed during the subsequent eleven months.

Table 3 summarizes the data for a third patient in the study, female NS (50). Methotrexate treatment was discontinued during this study. Remarkable diminution of symptoms was observed during the first month of treatment with collagen

protein. The number of swollen joints was reduced from five to one, while all tender joints exhibited complete recovery. Morning stiffness was reduced from 120 minutes to 15 minutes, but only left hand grip strength showed a slight improvement. Residual swelling was observed on a single joint in the right hand, but complete recovery was observed in all other previously affected joints. Complete recovery was achieved during the third month of collagen treatment and further treatment was discontinued in spite of occasional arthritic flare-ups.

Table 4 encapsulates the data from patient CO (a female, 42) the last participant of this study. A more gradual recovery from arthritis was observed compared to other patients. Half of the affected joints recuperated from arthritic swelling and tenderness after the first month of collagen treatment, but morning stiffness, grip strength for both hands and length of time to complete the 50 foot walk remained substantially the same as the disease state. Remarkable recovery was recorded during the second month of treatment and almost complete recovery was observed during the third month, barring a single tender joint and some slight ambulatory weakness in the 50 foot walk test. Treatment was discontinued for the next two months, but was reinstated when patient CO experienced a partial relapse during the fifth month. After three more months of further treatment, patient CO has also completely recovered from arthritis, to date.

PATIENT 1 (LS)\*

		Month											
		0	1	2	3	4	5	6	7	8	9	12	
	date	2/6/91	2/27/91	3/20/91	4/26/91			8/2/91	9/5/91	10/21/91	12/06/91	2/19/92	
Dose (mg)			0.1	0.5	0.5	0	0	0.5	0.5	0.5	0	0	
No. swollen joints	7	2	0	0	1	1	1	6	1	1	1(-R wrist)	1(-R wrist)	
No. tender joints	9	2	0	0	1	1	1	6	1	0	0	0	
AM stiffness (min)	60	60	0	0	15	0	40-60	60	0	0	0	0	
Grip strength (mm)													
R	60	55	88	72	120	86	70	75	140	102	130		
L	45	43	85	110	95	128	85	145	148	102	122		
50' walk (sec)	16	16	9	9	9	9	9	9	9	9	9		
Pt. global assessment	P	F	VG	G	VG	VG	F	G	VG	VG	VG	VG	
Progress	Same	MB	Same	Same				B	B	B	Same	Same	
NSAID			+	+	+	-	-	+	+	+	+	-	
								(Feldene)	(Feldene)	(1 mo)	Tr. swelling R wrist; 4 mi/AM walks	working full time	
Other													
RF (date)	2/13/91 neg	3/6/91 neg	3/28/91 equiv.		5/8/91 neg			+					
												1:320	

\* Drug discontinued - Auranofin  
 Course I (initial) 2/6/91, final 5/5/91  
 Course II (initial) 8/2/91, final 11/2/91

PATIENT 2 (MF)\*

		Month											
		0	1	2	3	4	5	6	7	8	12		
date		2/21/91	3/27/91	4/18/91?	5/29/91	6/26/91				10/23/91	02/20/92		
Dose (mg)			0.1	0.5	0.5	0	0	0	0	0	0		
No. swollen joints	3	1	1	0	0	0				0	0		
No. tender joints	3	0	0	0	0	0				0	0		
AM stiffness (min)	60	30	30	0	0	0				0	0		
Grip strength (mm)													
R	240	244	244	245	280	280				280	280		
L	180	238	238	242	275	280				280	280		
50' walk (sec)	14	11	11	9	9	9				9	9		
Pt. global assessment	P	G	G	G	VG	VG				VG	VG		
Progress		B	B	B	B	B				Same	Same		
NSAID	+	+	+	+	-	-				-	-		
Other													
RF (date)	2/8/91	3/27/91	3/27/91	5/29/91	5/29/91	10/29/91				10/29/91	neg		
	neg	neg	neg	neg	neg	neg							

\* Drug discontinued - MTX  
Course I (initial) 2/22/91, final 5/26/91

PATIENT 3 (NS)\*

	Month									
	0	1	2	3	4	5	6	#10		
date	4/4/91	5/2/91	6/6/91	7/1/91?		9/19/91	10/24/91	02/20/92		
Dose (mg)		0.1	0.5	0.5	0	0	0	0		
No. swollen joints	5	1	1	0	0	1	1	1		
No. tender joints	5	0	0	0	2	1	0	0		
AM stiffness (min)	120	15	0	0	0	0	15	15		
Grip strength (mm)										
R	90	90	135	138	138	128	130	136		
L	76	82	135	138	138	192	190	186		
50' walk (sec)	17	13	12	12	12	12	12	13		
Pt. global assessment	P	F	VG	VG	F	VG	VG	VG		
Progress		B	B	B		B	Same	Same		
NSAID	+	+	↓	+	+		+	+		
Other					(Motrin)	(Motrin x3)	(Motrin 2x3)	Same as month 6		
							Right knee Tr. swollen			
RF (date)	3/27/91									
	neg					neg				

\* Drug discontinued - MTX  
Course I (initial) 4/4/91, final 7/5/91



PATIENT 4 (CO)\*

	date	Month											
		0	1	2	3	4	5	6	7	8	9		
		5/3/91	6/3/91	7/3/91	8/30/91		10/4/91	10/25/91	11/22/91	12/20/91	2/03/92		
Dose (mg)			0.1	0.5	0.5	0	0	0.5	0.5	0.5	0		
No. swollen joints	8	4	4	2	0	1	4	10	2	0	0		
No. tender joints	9	5	5	2	1	0	6	12	2	0	0		
AM stiffness (min)	120	120	120	15	<15	0	120	120	30	<15	0		
Grip strength(mm)													
R	58	45		82	92	70	54	52	45	50	45		
L	48	42		68	78	60	50	52	45	52	55		
50' walk (sec)	9	9		9	9	10	13	16	13	12	12		
Pt. global assessment	P	P		F	G	VG	F	VP	MB	MB	MB		
Progress		Same		B	MB	MB	W	W	VG	VG	VG		
NSAID	+	+		+	+	+	+	+	V-bid	V-bid	V-bid		
				(Vollaren)	(Vollaren)	(Vollaren)	(Vollaren 75-bid; Advil)	(Vollaren)					
Other										energy good			
RF (dose)	4/24/91 1:320					10/9/91 1:5120	10/29/91 1:1280						

\* Drug discontinued - MTX  
 Course I (initial) 5/3/91, final 8/3/91  
 Course II (initial) 10/25/91, final 1/25/91

## EXAMPLE 2

The same preparation dosage and protocol were used as in Example 1. Patients ML, MT, RB, LM, DH and SH suffering from rheumatoid arthritis were given chick type II collagen as in Example 1 and were monitored as in Example 1. All of these patients were also treated in a single-blind manner; their condition was worse than that of the Example 1 patients and their average age was about 9 years higher. One female patient (DH) withdrew because of no progress and inconvenience of travel.

Tables 5 - 10 summarize the data collected for 6 additional individual patients (5 females, 1 male) involved in a second on-going study on the effectiveness of oral administration of whole type I collagen protein to suppress or cure arthritis. Only patient RB (Table 7) experienced complete recovery. A second patient has withdrawn from the present study. The other patients have not experienced as remarkable a recovery as those patients involved in the first study, figures 1 - 4. There has been great improvement from arthritis, but the rate of recovery is more gradual. More time is needed to effectively evaluate the effects of the second study, but all of the patients of the second study had much more severe disease than the patients in the first study. Moreover, the second group of patients were generally older than the first (ages were 23, 36, 52, 55, 55 and 65). Nevertheless, patients 5 and 7 benefitted considerably and even patients 8 and 10 were

able to discontinue use of cytotoxic drugs.

PATIENT 5 (ML)\*

	Month									
	0	1	2	3	4	5	6	7	8	9
date	8/9/91	9/5/91	10/3/91	10/31/91						
Dose (mg)		0.1	0.5	0.5						
No. swollen joints	12	6	5	4						
No. tender joints	16	6	5	2						
AM stiffness (min)	All day	120	120	30						
Grip strength (mm)										
R	22	44	70	75						
L	26	38	45	13						
50' walk (sec)	19	15	15	15						
Pt. global assessment	VP	P	VG	G						
Progress		Same	B	B						
NSAID	+	+	+	decrease Pred-2.5 mg O-Naprosyn						
Other		0.9cm module								
RF (date)	8/5/91 1:5120	10/3/91 1:5120	10/31/91 1:5120	1:5120						

\* Drug discontinued - MTX  
Course I (initial) 8/5/91, final 11/2/91

PATIENT 6 (MT)\*

	Month									
	0	1	2	3	4	5	6	7	8	9
<u>date</u>	8/21/91	9/19/91	10/17/91	11/13/91						
Dose (mg)		0.1	0.5	0.5	0					
No. swollen joints	12	12	8	7						
No. tender joints	14	14	10	10						
AM stiffness (min)	All day	All day	till 2 pm	All day						
Grip strength (mm)										
	R	18	28	8						
	L	30	38	18						
50' walk (sec)	18	18	18	23						
Pt. global assessment	P	P	P	VP						
Progress	Same	Same	W							
NSAID	Naprosyn (750)	+	+ Pred	increase Pred-5mg: Naprosyn- 375bid						
Other	ESR-22 Hct-36									
RF (date)	8/21/91 1:640			11/13/91 +						

\* Drug discontinued - MTX-2 wks

Pred-2.5 mg during 0.1-early 0.5, resumed

Course I (initial) 8/21/91, final 11/21/91

PATIENT 7 (RB)\*

		Month										
		0	1	2	3	4	5	6	7	8	9	
date		8/21/91	9/20/91	10/18/91	12/05/91	01/15/92						
Dose (mg)			0.1	0.5	0.5	0						
No. swollen joints		14	8	4	1	0						
No. tender joints		16	4	6	0	0						
AM stiffness (min)		120	90	90	0	60						
Grip strength (mm)												
	R	68	92	92	105	95						
	L	40	70	70	85	85						
50' walk (sec)		16	11	11	11	11						
Pt. global assessment	VP		MB	G	VG	VG						
Progress			MB	Same	B	Same						
NSAID	Naprosyn (1500)		+	+	+	+						
			(1000)	(1000)	Tyl-2bid	Pred-2mgqd						
				(Tyl-3am, 2pm)	Pred-2mgqd	Nap-55bid						
				Pred								
Other	5mm nodule			3mm nodule	Unchg'd	Same						
	R-olecranon											
	Pred-3mg/da											
RF (date)		8/21/91	9/24/91	10/22/91								
		1:5120	1:160	1:10240								

\* Drug discontinued - Imuran  
Course I (initial) 8/21/91, final 11/21/91

PATIENT 8 (LM)\*

	Month											
	0	1	2	3	4	5	6	7	8	9		
date	10/3/91	11/1/91	12/5/91	1/9/92								
Dose (mg)		0.1	0.5	0.5	0							
No. swollen joints	10	10	8	9								
No. tender joints	14	14	10	10								
AM stiffness (min)	180	120	150	120								
Grip strength (mm)												
R	30	52	38	35								
L	28	42	28	32								
50' walk (sec)	22	23	22	20								
Pt. global assessment	P	P	P	P								
Progress		Same	Same	Same								
NSAID	Naprosyn bid Darvocet	Nap-250bid Darvocet	Nap Darvocet									
Other	IA steroids/ both knees 2 wks ago											
RF (date)	10/8/91 1:160											

\* Drug discontinued - MTX  
Course I (initial) 10/3/91, final 1/3/92

PATIENT 9 (DH)\*

		Month									
		0	1	2	3	4	5	6	7	8	9
	date	10/23/91	11/22/91								
Dose (mg)			0.1	0.5	0.5						
No. swollen joints		12	12		Withdraw from trial 1/3/92						
No. tender joints		14	13								
AM stiffness (min)		240	360								
Grip strength (mm)	R	50	5								
	L	35	10								
50' walk (sec)		23	in wheel chair								
Pt. global assessment		P	VP								
Progress			MW								
NSAID		Disalc-750qid	Pred								
		Pred-4mg	increase 10mg/qid								
Other											
RF (date)			neg.								

\* Drug discontinued - Mtx, -17.5 mg-off 8 da; had PM fatigue  
Course I (initial) 10/24/91, final 1/24/92



PATIENT 10 (SH)\*

					Month									
					0	1	2	3	4	5	6	7	8	9
	date	10/26/91	11/22/91	12/19/92	2/6/92									
Dose (mg)			0.1	0.5	0.5									
No. swollen joints		14	11	11	11									
No. tender joints		16	11	13	13									
Joint stiffness (min)		480	360	360	360									
Grip strength (mm)	R	28	25	12	22									
	L	30	35	28	26									
50' walk (sec)		23	23	22	22									
	(with cane)													
Pt. global assessment	VP	P	P	P	P									
Progress		Same	Same	Same	Same									
NSAID														
Other		Pred-10mgqd 6x500- Disalcid			Pred decrease 5mg									
RF (date)		1:320												

\* Drug discontinued - 6-MP  
Course I (initial) 10/26/91, final 1/26/91

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